

# Erica Italiano

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## OBJECTIVE

To obtain a meaningful and challenging position that allows me to gain knowledge in the dietetics profession.

## EDUCATION

### California State University, Chico

Bachelors of Science in Nutrition and Food Science, option in Dietetics, minor in Health Science

December 2010

## RELATED EXPERIENCE

### Nutrition Counselor, FitU, Chico, CA

- Counseled multiple college students using the Satter Eating Competence Model
- Mastered exemplary motivational interviewing skills

January- December 2010

### Office Manager, FitU, Chico, CA

- Scheduled appointments for clients and counselors through telephone and email
- Communicated program policies and procedures to counselors and program directors
- Served as a liaison between counselors and program directors
- Organized files and handouts
- Managed financial reimbursement for the program
- Assisted in the recruitment of new clients

Fall 2010

### Community Nutrition Assistant, Center for Nutrition and Activity Promotion, Chico, CA

- Promoted healthy eating and physical activity for children in local elementary schools
- Prepared a nutrition decathlon game to teach young children the benefits of eating healthy
- Facilitated cooking demonstrations for clients with Type 2 Diabetes at a local clinic

Spring 2009

### Assistant to the Program Director, Chico on \$10 a Day, Chico, CA

- Increased community understanding of healthy, sustainable living
- Assumed responsibility for the finances of the program
- Negotiated with local farmers at farmers markets to obtain the most reasonably priced product

2008-2009

### Server, P.F. Chang's China Bistro, Thousand Oaks, CA

- Employed during summer and winter breaks
- Demonstrated excellent customer service skills in a fast paced work environment
- Displayed proper food safety techniques
- Trained new employees

2005-2010

## VOLUNTEER EXPERIENCE

Orchestrated annual Halloween Carnival for children in a transitional housing unit

Supervised the annual Healthy Heart Fair

Set up the Memory Run for Alzheimer's

2009-2010

2008-2009

2008

## PROFESSIONAL AFFILIATIONS

American Dietetic Association

California Dietetic Association

Nutrition and Food Science Association

- Treasurer, Fall 2009- Spring 2010
- Communications officer, Spring 2010

Order of Omega Honors Society

Alpha Delta Pi

- Scholarship Chair, 2010
- Recording Secretary, 2009
- Corresponding Secretary, 2008

## SKILLS

Serv-safe Certified

Hazard Analysis and Critical Control Point Certified

Proficient in:

- Microsoft Word, PowerPoint, Publisher, Excel
- Quickbooks
- Diet Analysis Software